



Christ
Fellowship
CHURCH

Sow WHAT?

GROUP DISCUSSION GUIDE

4-Week Study

Session 1

The Principle of Sowing & Reaping

Every harvest begins with a seed. Whether it's your faith, your relationships, your family, your work, or your finances, God has established a principle that what we sow today shapes what we reap tomorrow.

In this first session, Pastor Todd introduces the biblical principle of sowing and reaping. Throughout Scripture, God teaches that every investment we make—our time, talents, words, attitudes, and resources—produces a harvest. As we learn to live according to this principle, we'll discover that God isn't trying to take something from us; He's inviting us into a life of greater trust, freedom, and blessing. If you don't sow it, you're not going to see it.

Connect

Take a few minutes to go around the group and introduce yourself.

1. Looking back on your life, what is something you invested in that eventually paid off?
2. What area of your life are you hoping to see the greatest growth in this year (your faith, relationships, family, finances, work, health, etc.)? What do you think it will take to get there?

Watch (14 minutes)

As you watch the message, complete the notes below.

The Principle of Sowing and Reaping

"If you don't _____ it, you're not going to _____ it."

Three truths about sowing and reaping:

1. You reap what you sow.
Today you're living in the harvest of what you planted _____.
If you don't like the field you're standing in today, it's time to plant some new _____.
_____.
2. You reap where you sow.
The areas where you invest your time, attention, energy and resources are the areas where you'll experience a _____.
_____.
3. You reap how you sow.
Whoever sows sparingly will also reap _____.
Whoever sows generously will reap _____.
You reap in _____ to what you sow.

Why Does God Talk So Much About Money?

There are more verses in the Bible about money and possessions than faith, prayer, and love combined.

Jesus said, “It is more _____ to give than to receive.”

Where your _____ is, there your heart will be also.

God doesn’t want your _____; He wants your _____.

Whoever sows sparingly will also reap sparingly, but whoever sows generously will reap generously.

— 2 Corinthians 9:6

A man reaps what he sows. Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life. Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.

— Galatians 6:7-9

Where your treasure is, there your heart will be also.

— Matthew 6:21

“It’s more blessed to give than to receive.”

— Acts 20:35

Discuss

1. Pastor Todd said, “You are living today in the harvest of what you planted yesterday.” Looking at your own life, where have you seen that principle at work?
2. Which of the three truths about sowing and reaping (what, where, or how you sow) challenged or encouraged you the most? Why?
3. Pastor Todd reminded us that God doesn’t want our money, He wants our hearts. How does that truth change the way you think about stewardship and generosity?

“If you don’t sow it, you’re not going to see it.”

- Pastor Todd Mullins

“You are living today in the harvest of what you planted yesterday.”

- Pastor Todd Mullins

“God doesn’t want your money. He wants your heart.”

- Pastor Todd Mullins

Apply

Pastor Todd reminded us that the principle of sowing and reaping applies to every area of life, not just our finances.

1. Take a few moments to reflect on where God may be inviting you to begin planting new seeds.
2. What is one area of your life where God is inviting you to begin sowing faithfully so you can experience His harvest in the future?

Use this space to write down your answer:

Choose one or two of the following next steps to help you put this week's teaching into practice.

- ☐ **Pray** — Ask God to reveal areas where He wants you to begin planting new seed.
- ☐ **Read** — Read Galatians 6:7–9 each day and aim to memorize this passage this week. Each day as you read it, think of a way to apply this to some aspect of your life.
- ☐ **Sow** — Choose one practical way to sow into your faith, marriage, family, work, or friendships.
- ☐ **Persevere**— If you've grown discouraged waiting for a harvest, ask God to strengthen your faith.
- ☐ **Share** — Encourage someone else who is faithfully sowing but hasn't yet seen the results.

Use this space to write down your answer:

Pray

Share prayer requests and pray for one another.

- Pray that God would help each person become intentional about the seeds they're planting today.

Next Steps

Before next week's session:

Read:

- 2 Corinthians 9:6
- Galatians 6:7–9
- Proverbs 11:18

Complete this week's application challenge.