



How to Write Your Own Declarations

Interrupt doubt and build your faith with God’s truth.

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Declarations help interrupt doubt and build faith in who you are in Christ and what He can do in and through you. You might be thinking, “*Is this just positive thinking?*” No. Writing a declaration for your life isn’t about positive thinking, it’s about biblical optimism. It’s one way to take God at His Word. So, here’s a helpful step-by-step process for creating your own declarations:

Identify the Need

Dig deep and identify any lies you might be believing or thoughts that aren’t lining up with God’s truth. What do you need to be reminded of? (Provision, peace, confidence, identity, faith, etc.) Write down what comes to mind.

Search God's Word

Once you've identified the needs, search for Bible verses that speak about that topic. For example, if you need peace, search the Scriptures for verses about anxiety, peace, or God's comfort. There's nothing wrong with a Google search if you need help finding some. Simply google "Bible verses on [your topic]."

Personalize The Scripture

Take the Scripture(s) and personalize it to make it relevant to your life. Replace general terms with personal pronouns like "I," "me," or "my." For example, Philippians 4:19 says, *"But my God shall supply all your needs according to his riches in glory by Christ Jesus."* If you are struggling with doubt in your finances, you would personalize it by changing it to: "God supplies my every need."

Keep it Simple & Present Tense

The more complicated your declarations are, the harder it will be to remember them. Keep them simple and concise so you can easily recall and declare them when you need a reminder of truth. Also, as tempting as it may be to make them about what God will do in the future or who you will become in the future, keep them present tense. This will help you rise to who God says you are in Him and build your faith in God's character.

My Need: _____ (Example: confidence)

God's Truth: _____
(Example: 2 Timothy 1:7 *"For God has not given us a spirit of fear, but of power and of love and of a sound mind."*)

My Declaration:

(Example: I am equipped by God with power, love, and a sound mind.)