

LIONESSES ARISING



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INTRODUCTION

Welcome to your *Lioness Arising Course Guide*!

I'm thrilled you've joined me for this journey. It is my prayer that vision will be quickened and the truth of *who* and *whose* you are will come alive and transform you and the members of the "pride" you gather with.

This *Safari Guide* contains eight chapters that correspond to the *Lioness Arising* video lessons. Throughout this guide, you'll discover lesson summaries, reflective questions, additional devotional content, prayers, and activities you can do personally or with a group.

Let's look at the lioness and allow her to awaken our untamed nature, fierce beauty, and unbridled strength so we can rise up and be the courageous women God has destined us to be. You were born for this breathtaking moment in history. If you feel something wild, fierce, and beautiful stirring inside of you, then it's time for a safari!

Most sincerely,

Lisa

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Reading Plan

Read through the corresponding chapter(s) in the *Lioness Arising* book. You don't have to read the book to complete the course, but the book will add new dimensions to the experience. The reading plan is provided below:

Book Chapter	Video Session
Chapters 1-2	Video Session 1: Awaken a Lioness A Force Unseen
Chapter 3	Video Session 2: Dangerously Awake
Chapters 4	Video Session 3: The Sum of Fear & Wonder
Chapter 5	Video Session 4: Strength Is for Service
Chapters 6	Video Session 5: Under the Same Mission
Chapter 7-8	Video Session 6: Greet & Groom Lionesses Are Strategic
Chapters 9	Video Session 7: Lioness Live in the Light & Hunt in the Dark
Chapters 10-11	Video Session 8: Walking & Roaring with Our Lion

AWAKEN A LIONESS A FORCE UNSEEN

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LIONESS LESSONS

God gives us vision to enlarge us and to awaken what has remained dormant within us. As exciting as having a vision sounds, it is more crucial that you be a person of vision. Lisa encourages us to reconnect with the dynamic of vision by looking at the lioness and allowing her to awaken our untamed nature, fierce beauty, and unbridled strength so we can rise up and be the courageous women we are called to be.

Within this lesson, we learned:

- ❖ God wants you to have clarity of vision and the ability to write it down.
- ❖ Nature itself is a tool of vision. It is a constant expression of God's vision to see us free.
- ❖ Visions are given so that we lift our eyes and lose sight of the limitations of ourselves.
- ❖ Striving is unattractive but stretching is invaluable; it extends your reach and prevents injury.
- ❖ God wants you at ease with your strength and at rest with your power.

Hunt Quest

1. When Lisa relayed the vision of the lioness, could you see it? What did it speak to you?
2. How does the lioness initially stretch your perception of yourself?
3. What are some of the areas in your life that need to be stretched?
4. What are some of the areas that have already been stretched?

Legend Lioness

*The most pathetic person in the world is
someone who has sight but has no vision.*

—Helen Keller

Prayer Roar

- ❖ I realize I have the potential to be a living, breathing solution to human problems. Lord, lead me as I embark on this journey!
- ❖ I am ready to give expression to lovely, virtuous, capable, inoffensive, cunning, harmless, shrewd, trustworthy, faithful lioness daughters who enrich the lives of those around me and gather to strategize how to “do good.” I am willing to take on this challenge!

Pride Promise

*These people rise up like a lioness, like a majestic lion rousing itself.
They refuse to rest until they have feasted on prey,
drinking the blood of the slaughtered!*

Numbers 23:24 NLT

Pride Play

Over the next week, be intentional to invite God into your dreams each night. Keep a journal next to you and record what happens.
