

KILLING CRYPTONITE

「GROUP COURSE GUIDE」

READING PLAN

KILLING KRYPTONITE

If you enjoy reading, then reading the *Killing Kryptonite* book while going through the course is a brilliant idea. The book is easy to read and full of information that's not covered in these lessons. You can complete the course without the book, but the best course experience involves the book. While there are a good number of chapters in *Killing Kryptonite*, I designed them to be short, taking no more than ten to fifteen minutes to read.

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Welcome! I am so glad you've decided to go on this journey to eliminate spiritual kryptonite from your life. This course guide will be central to your course experience, providing direction for each step along the way. These lessons were crafted to help you interact with the videos and apply the content to your life.

While each video contains valuable teachings, this guide is the tool that connects those teachings to your life, helping you partner with God's Spirit to personalize your course experience. Don't feel pressured to rush through the guide; rather, take your time and let these truths sink in.

If you're taking this course with others, your leader will begin each week with the video lesson, followed by group discussion and interaction. Hearing others' perspectives as you move through this course will lend perspective for your own life.

Before you begin, take a few minutes to pray and ask God to do what only He can do. May you find grace and peace as you journey further up and further in to God's best for your life.

Godspeed!

John Bevere



LESSON 1

OUR POTENTIAL

LESSON SUMMARY

There's nothing wrong with being frustrated by the lack of God's power in our churches today. We cannot deny a disconnect between what was happening in the New Testament church and what is happening now. It's easy for us to point a finger at the church as an institution, but let's not forget that *we are the church*. And individual transformation precedes corporate change. If we are going to see massive change in our world, that change will have to begin with us, individually.

In the book of Acts, entire cities came to Jesus in a moment, and the gospel swept through regions in a matter of years (Acts 9:32–35, 19:10). God's power operated through them so much they had to convince people they weren't gods (Acts 10:25–26, 14:8–18). They had worship times so powerful they physically shook the ground (Acts 4:31). They even had a reputation of being people who had turned the world upside down (Acts 17:6).

If the same Spirit of Christ lives in us, why aren't these types of exploits more common today?

I believe that just like Superman had kryptonite, the church does as well. When Superman draws near enough to kryptonite, he loses all his powers and becomes even weaker than a normal man. If you look at the church today—with rates of divorce, pornography use, and sexual immorality as high or higher than that of the world—it is clear we have some kryptonite among us.

In the lessons ahead, we will learn what this kryptonite is and how to get rid of it, but first we must know

our potential in Christ.

GROUP DISCUSSION

What is available to Christians because we are created in God's likeness?

Besides God's power, which of His traits should His children also possess?

The Old Testament is filled with radical stories of what God did through people, yet we have a better covenant in Christ. Why do you think Christians do not commonly experience better testimonies today?

Which of the great exploits listed in this lesson from the Old or New Testament stood out to you the most? Why do you think this stood above the rest to you?

Take Action: Big actions often start small. As preparation for changing entire cities or regions, practice praying for those in your group. Find a partner to pray for and boldly pray for God to meet their needs. Beyond praying for needs, ask God to work radically in and through them, that they would reach their full potential.

SCRIPTURE READING AND PRAYER

As you work through this course, I encourage you to read through each Scripture reference listed below. These are the foundations for the teachings, and God will use them to show you even more about how to overcome any kryptonite in your life. Look into these passages, take your time with them, and let God speak to you through them about how to rise up into the fullness of your potential.

As He is, so are we in this world. (1 John 4:17 NKJV)

He has given us great and precious promises. These are the promises that enable you to share His divine nature. (2 Peter 1:4)

Beloved, now we are the children of God. (1 John 3:2 NKJV)

Those who say they live in God should live their lives as Jesus did. (1 John 2:6)

Suggested Reading:

Romans 1:19–20 | Daniel 6:3–4 | 1 Kings 10:21, 27 | 1 Kings 4:25 | Hebrews 8:6

Acts 17:6 | Acts 4:33–35 | Acts 9:32–35, 19:10 | Acts 10:25–26, 14:8–18 | Acts 4:31

1 Corinthians 11:30

Prayer: Lord Jesus, I can hardly grasp the life You've made possible for me. Please lead, guide, and teach me what is necessary for me to live as You lived, and then to do even more. You are worthy of this testimony lived out for the world to see, and I want to live it faithfully!

KEYS TO YOUR POTENTIAL

Scripture tells us that as God is, so also are we in this world. We are not waiting to become like God, but have been recreated to be like Him here and now. He is our Father and we are His children, infused with power by His Spirit.

Both the Old and New Testament reveal what is possible for humans to do when the power of God is with them. These stories should inspire us to pursue God for even greater works than those seen in past generations.

There is a weakening substance present in the body of Christ that is keeping us from reaching our full potential. Like kryptonite to Superman, it causes us to be like mere humans, instead of living in the image of our Heavenly Father. We must learn to identify and remove this substance from our lives, individually and corporately, to help the church rise up into all God calls us to.