

COUPLES

Conversation Starters



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for Couples
Conversation
Starters

Take time this week to slow down, look back, and celebrate how far you've come over the course of this class. Pray together with your spouse (and if that feels a little intimidating, just start by praying *for* them).

Take some time this week to discuss these questions with your spouse.

The teaching suggested sharing things like Scripture, a podcast, or a sermon that made an impact on you. What's something recently that encouraged your faith?

What is one spiritual rhythm we could begin practicing together this week (examples: praying together, reading Scripture together, attending church consistently, or discussing what God is teaching us as we grow individually)?

Consider the verse below:

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God." (Philippians 4:6-7)

Praying together can sometimes feel awkward at first, but many couples say it becomes one of the most meaningful parts of their relationship. What would it look like for us to pray together regularly in a way that feels natural for both of us?

Psalm 119:105 says, *"Your word is a lamp to my feet and a light to my path."*

How could spending time in Scripture help guide and strengthen our relationship? In this season, what areas of our life do you feel you need guidance from God?

Write the specific area in the space below and identify a Scripture that could help bring wisdom, direction, or encouragement.

Area where we need God's guidance:

Scripture that speaks to this area: