

COUPLES

Conversation Starters



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for Couples
Conversation
Starters

What is
one thing
that you appreciate
about the way I
communicate
with you?

Which communication pattern can each
of us identify to ask for God's help to
work on?

- Staying engaged instead of checking out
- Clarifying instead of assuming
- Calming down instead of escalating
- Validating instead of dismissing

Reflect on the following passages.
What are some practical ways you can
each grow in these areas?

When do you feel
most listened to and
understood by me?
Least listened to
and understood
by me?

↓
*"A gentle answer turns away wrath, but
a harsh word stirs up anger."*

Proverbs 15:1

↓
*"Do not let any unwholesome talk come out of
your mouths, but only what is helpful for building
others up... that it may benefit those who listen."*

Ephesians 4:29