

DATE NIGHT

FOODIE DATE

GET READY

Words of affirmation are a common love language for men. This date is an opportunity for you to speak his language and build him up!

THE MENU

- Pick a favorite meal that you've NEVER made before - you've only had it at a restaurant.
- Find the hack recipe online.
- One to three days ahead of time, purchase the ingredients you will need.

GROUND RULES

- Do the food shopping together - it's part of the experience.
- Work together! If one of you is a better cook than the other, don't do it all yourself. Include your spouse and have fun with it!
- Set the table and use your good dishes - no paper plates here!
- Have fun with the clean up!

SPICE IT UP

- Turn on some music while you're cooking - something lively and dance-worthy.
- Wear matching aprons.
- Light some candles.
- Don't forget dessert - even if it's a breakfast date!