

COUPLES

Conversation Starters



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for Couples
Conversation
Starters

These conversation starters are the perfect place to practice the new communication skills you're learning! Take time this week to slow down and connect using the questions below as a guide. Remember, great communication isn't about saying the right thing, it's about truly hearing each other.

Take turns guessing each other's top two love languages.

What steps did you feel God prompting you to take to enhance your communication during your personal work this week?

What are two or three ground rules we should set in our communication? Here are some examples to get you thinking:

- ☐ No interrupting
- ☐ No sarcasm or criticism—even if it's said jokingly
- ☐ Take a breath when emotions are high before continuing the conversation
- ☐ Pray together before harder conversations
- ☐ If it's serious, it gets said face-to-face—not via text

What am I already doing that makes you feel loved, and what could I start doing to make you feel more loved, seen, and honored?